

THE BELLS PRAYER & PRAISE LETTER

July August September 2011

To our supporting Churches and Dear Friends:

Greetings in Jesus name;

Well here we are past the third quarter of 2011; **Job said** "My days are swifter than a weaver's shuttle," wow! We began this quarter with a revival at the First Baptist church in Lady Lake Florida and then on the 3rd at Central Baptist in New Port Richey, Fl. From there into New Jersey, Newport, N.C, New Bern, N.C., Henderson, N.C, Virginia Beach, VA, LaGrange, GA, Cleveland, MS., Gulfport, MS., Lake Panasoffkee, FL, Henderson, N.C., Farmville, N.C., Efland, N.C., New Bern, N.C. As you can see, we have been blessed to stay busy for the Saviour.

Thanks for your prayers and support, only heaven will reveal the fruit of your faithfulness.

The Lord has blessed us with some really good revivals and missions revivals so far this year, seems like a good encouragement among the Saints. There have been a few folks saved here and there, for which we are very grateful to the Lord. It always blesses the heart when you hear people call upon the Lord for his grace and mercy.

LORD PLEASE LET IT BE IN OUR LIVES !

Psalm 126:2² Then was our mouth filled with laughter, and our tongue with singing: then said they among the heathen, The LORD hath done great things for them.

Proverbs 17:22²² A merry heart doeth good like a medicine: but a broken spirit drieth the bones.

- Our mouths filled with laughter = *A merry heart doeth good like a medicine*
- Our tongue with singing = *A merry heart doeth good like a medicine*
- Our witness = then said they
- Our Lord is glorified = Amen

Health and Laughter

Scientists have been studying the effect of laughter on human beings, and have found, among other things, that laughter has a profound and instantaneous effect on virtually every important organ in the human body.

Laughter reduces health-sapping tensions and relaxes the tissues as well as exercising the most vital organs. Laughter, even when forced, results in a beneficial effect on us, both mentally and physically.

Next time you feel nervous and jittery, indulge in a good laugh. Laughter is the best medicine for a long and happy life. He who laughs lasts...

Laughter the Best Medicine,

The writer of the Proverbs has a saying which the Authorized Version translates: "A merry heart doeth good like a medicine." A medicine will do far more good to a man with a happy heart than it will do to a gloomy and pessimistic soul. A doctor can hardly write in his prescription "To be taken three times a day with a merry heart," but he certainly would, if he could. It is a medical fact that those who laugh most live longest. A hearty laugh expands the lungs, and is good for any man. Every time we greet life with a happy human face, we are stretching the span of life for ourselves and giving ourselves the best of medicines.

Let us give several prayer request and praise.

1. For the souls that have trusted in Christ and for more to do so. (praise and request)
2. For safety in our travels (praise and request)
3. For 1 new tire on our motor home. (We hit something in the road destroying a new tire) (praise & thanks)
4. Keith McGuire (my grandson in the army who is very sick) (prayer)
5. A number of Pastor's and families who are dealing with health problems. (prayer)

Serving Jesus Joyously.

Brother Russell & Mamie Bell